## Autumn Term Menu 2019

|  | Week One <br> $2^{\text {nd }} \& 23$ rd Sept, $14^{\text {th }}$ Oct, $11^{\text {th }}$ Nov, $2^{\text {nd }}$ Dec | Week Two <br> $9^{\text {th }} \& 30^{\text {th }}$ Sept, $21^{\text {st }}$ Oct, $18^{\text {th }}$ Nov $9^{\text {th }}$ Dec | Week Three <br> $16^{\text {th }}$ Sept, $7^{\text {th }}$ Oct, $4^{\text {th }} \& 25^{\text {th }}$ Nov, $16^{\text {th }}$ Dec | Jacket Potato | Opt |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Monday | Organic Beef Meatballs in Tomato <br> Sauce with Pasta <br> Add Vegetables <br> Bread of the Day <br> ~*~ <br> Chocolate Surprise Muffin Organic Yoghurt or Fruit | Pasta Bolognaise <br> Add Vegetables <br> Bread of the Day ~*~ Custard Cream Biscuit Organic Yoghurt | Fish Fingers Add Vegetables Add Potatoes Bread of the Day $\sim * \sim$ Cheese \& Crackers with fruit Organic Yoghurt or Fruit | Jacket Potato Option | Pasta Pot |
| Tuesday | Chicken Korma \& Rice Add Vegetables Naan Bread $\sim * \sim$ Flapjack Organic Yoghurt or Fruit | Pizza Add Salads Add Potatoes $\sim * \sim$ Chocolate Orange Sponge \& Chocolate Sauce Organic Yoghurt or Fruit | Beef Hot Pot <br> Add Vegetables <br> Bread of the Day ~*~ <br> Rice Pudding with Peaches Organic Yoghurt or Fruit | Jacket Potato Option | Vegetable Shepherd's Pie |
| Wednesday | Sausage, Mash \& Gravy <br> Add Vegetables Garlic Bread ~*~ <br> Cheese, Crackers \& Fruit Organic Yoghurt or Fruit | Minced Beef \& Yorkshire Pudding <br> Add Vegetables Add Potatoes Bread of the Day ~*~ Organic Yoghurt or Fruit | Chicken Pie Add Vegetables Add Potatoes Bread of the Day $\sim * \sim$ Oaty Biscuit Organic Yoghurt or Fruit | Jacket Potato Option | Vegetable Lasagne |
| Thursday | Crispy battered Fish <br> Add Vegetables <br> Add Potatoes <br> Bread of the Day ~*~ <br> Gingerbread \& Custard Organic Yoghurt or Fruit | Crunchy Salmon Nibbles <br> Tomato Ketchup <br> Add Vegetables <br> Add Potatoes <br> Bread of the Day <br> Raspberry Bun \& Cheese Organic Yoghurt or Fruit | Sausage Roll Add Vegetables Add Potatoes Bread of the Day $\sim * \sim$ Pineapple Shortcake \& Custard Organic Yoghurt or Fruit | Jacket Potato Option | Macaroni Cheese |
| Friday | Fun Friday - Pizza <br> Baked Beans Chips <br> Bread of the Day ~*~ <br> Arctic Roll Organic Yoghurt or Fruit | Fun Friday - Sausage \& Chips Baked Beans Bread of the Day ~*~ <br> Chocolate Krispie Fruit or Organic Yoghurt | Fun Friday - Pizza <br> Baked beans Chips Bread of the Day $\sim * \sim$ <br> Organic Yoghurt or Fruit Ice-cream \& Fruit | Jacket Potato Option | Cheesy Catherine Wheel |

