








Thirsk Community Primary School
PSHE Overview 2 Year Rolling Programme of Study

Year Group Year A/B	Autumn Term		Spring Term		Summer Term	
Topic titles A	Go Wild	Celebrations	Fire, Fire!	Superheroes	Going Green	Going for Gold
1/2	Physical health and wellbeing Fun times	 Keeping safe and managing risk Feeling safe	Identity, society and equality Me and others	Drug, alcohol and tobacco education  What do we put into and on to bodies?	Mental health and emotional wellbeing Feelings	Careers, financial capability and economic wellbeing My money
Topic titles B	Towers, Tunnels and Turrets	Food Glorious Food	Famous People	Street Detective	Out of an Egg Animals and their habitats	Passport to the World
1/2	Physical health and wellbeing What keeps me healthy?	Mental health and emotional wellbeing Friendship	 Sex and relationship education Boys and girls, families	 Sex and relationship education Boys and girls, families	Keeping safe and managing risk  Indoors and outdoors	 Drug, alcohol and tobacco education Medicines and me
Topic titles A	Stone Age	It's a Performance	Sound and Vision	Local Study	Rock-a-doodle-do	Water Cycle/ Solids/ Liquids and Gasses
3/4	Drug, alcohol and tobacco education Tobacco is a drug	 Keeping safe and managing risk Bullying – see it, say it, stop it	Mental health and emotional wellbeing Strengths and challenges	Identity, society and equality Celebrating difference	Careers, financial capability and economic wellbeing Saving, spending and budgeting	Physical health and wellbeing What helps me choose?

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Topic titles B	The Digestive System	Egyptians/ Greeks	Romans and Anglo Saxons	Forces and Magnets	Plants and Rainforests	Food
3/4	Identity, society and equality Democracy	 Drug, alcohol and tobacco education Making choices	Physical health and wellbeing What is important to me?	 Keeping safe and managing risk Playing safe	 Sex and relationship education Growing up and changing	 Sex and relationship education Growing up and changing
Topic titles A	Vikings	Electricity	Forces and Space	Around the World	Evolution	Materials
5/6	Physical health and wellbeing In the media	Identity, society and equality Stereotypes, discrimination and prejudice (including tackling homophobia)	 Keeping safe and managing risk When things go wrong	Mental health and emotional wellbeing Dealing with feelings	 Drug, alcohol and tobacco education Different influences	Careers, financial capability and economic wellbeing Borrowing and earning money
Topic titles B	Pig Heart Boy -Circulation	WW2	Mayan	Light/eye	Living things and their habitats	Carnivals
5/6	 Sex and relationship education Healthy relationships / How a baby is made	 Sex and relationship education Healthy relationships / How a baby is made	 Drug, alcohol and tobacco education Weighing up risk	Identity, society and equality Human rights	 Mental health and emotional wellbeing Healthy minds	 Keeping safe and managing risk Keeping safe - out and about FGM