

## Autumn Term Menu 2019

	<b>Week One</b> 2 <sup>nd</sup> & 23 <sup>rd</sup> Sept, 14 <sup>th</sup> Oct , 11 <sup>th</sup> Nov, 2 <sup>nd</sup> Dec	<b>Week Two</b> 9 <sup>th</sup> & 30 <sup>th</sup> Sept, 21 <sup>st</sup> Oct, 18 <sup>th</sup> Nov 9 <sup>th</sup> Dec	<b>Week Three</b> 16 <sup>th</sup> Sept, 7 <sup>th</sup> Oct, 4 <sup>th</sup> & 25 <sup>th</sup> Nov, 16 <sup>th</sup> Dec	<b>Jacket Potato</b>	<b>Opt</b>
<b>Monday</b>	Organic Beef Meatballs in Tomato Sauce with Pasta  Add Vegetables Bread of the Day ~~~ Chocolate Surprise Muffin Organic Yoghurt or Fruit	Pasta Bolognaise  Add Vegetables Bread of the Day ~~~ Fresh Fruit Platter Organic Yoghurt	Tuna & Sweetcorn Roll  Add Vegetables Add Potatoes Bread of the Day ~~~ Cheese & Crackers with fruit Organic Yoghurt or Fruit	Jacket Potato Option	Pasta Pot
<b>Tuesday</b>	Chicken Korma & Rice  Add Vegetables Naan Bread ~~~ Sticky Date & Apple Bars with Custard Organic Yoghurt or Fruit	Pizza  Add Salads Add Potatoes ~~~ Chocolate Orange Sponge & Chocolate Sauce Organic Yoghurt or Fruit	Beef Hot Pot  Add Vegetables Bread of the Day ~~~ Rice Pudding with Peaches Organic Yoghurt or Fruit	Jacket Potato Option	Vegetable Shepherd's Pie
<b>Wednesday</b>	Sausage, Mash & Onion Gravy  Add Vegetables Garlic Bread ~~~ Cheese, Crackers & Fruit Organic Yoghurt or Fruit	Minced Beef & Yorkshire Pudding  Add Vegetables Add Potatoes Bread of the Day ~~~ Organic Yoghurt or Fruit	Chicken & Vegetable Pie Add Vegetables Add Potatoes Bread of the Day ~~~ Apple Berry Fool Organic Yoghurt or Fruit	Jacket Potato Option	Vegetable Lasagne
<b>Thursday</b>	Cottage Pie  Add Vegetables Bread of the Day ~~~ Gingerbread & Custard Organic Yoghurt or Fruit	Moroccan Chicken with Rice  Add Vegetables Bread of the Day ~~~ Raspberry Bun & Cheese Organic Yoghurt or Fruit	Mexican Minced Pork Wrap  Add Salads ~~~ Pineapple Shortcake & Natural Yoghurt Organic Yoghurt or Fruit	Jacket Potato Option	Macaroni Cheese
<b>Friday</b>	Crispy battered Fish Baked Beans Add Potatoes Bread of the Day ~~~ Fruit Salad Organic Yoghurt or Fruit	Crunchy Salmon Nibbles Tomato Ketchup Add Vegetables Add Potatoes Bread of the Day ~~~ Oaty Apple Crumble & Custard Fruit or Organic Yoghurt	Fish Fingers  Add Vegetables Add Potatoes Bread of the Day ~~~ Organic Yoghurt or Fruit Winter Sponge & Custard	Jacket Potato Option	Cheesy Catherine Wheel