INFORMATION ABOUT THE 5-19 HEALTHY CHILD PROGRAMME IN North Yorkshire



What is the Healthy Child Programme?

The HCP is an evidence-based universal service offered to all children and young people to ensure that they lead safe, healthy lives and grow into healthy adults. We would like to work closely with your family to promote and support your child's health and wellbeing.

Your Healthy Child Team consists of:

- Specialist Community Public Health Nurses (SCPHN) - School Nurse
- Healthy Child Nurses (HCN)
- Assistant Practitioners
- Screening Technicians
- Administrators

What does the Healthy Child Team do?

We work both in and out of school providing support, advice and intervention around many aspects of children and young people's health and wellbeing which includes:

- Behaviour
- Emotional Health and Wellbeing
- Healthy Eating and Growth Development
- Chronic & Complex Health Needs - Asthma, Diabetes etc.
- Toileting issues
- Childhood Illnesses
- Dental Health
- Allergies
- Immunisation advice
- Bullying
- Smoking Cessation
- Sexual health advice and guidance

- Drug/alcohol misuse
- Young Carers
- Support with School Transition
- School Nurse Drop-ins
- Support for Looked After Children & Young People
- Support for Children and Young People who may be vulnerable
- Safeguarding of children and young people

Your child will be offered Health Screening in:

Reception/Year 1

Health review questionnaire.

National Childhood Measurement Programme for height, weight, vision and hearing.

Year 6

Child and parent health review questionnaires.

National Child Measurement Programme for height and weight.

GOT SOMETHING TO SAY? TELL US.

Your views are important to us and your feedback is key to shaping and enhancing the services we provide.

- Write a review
- Make a complaint
- Raise a concern

Please contact our Patient Experience Team on 01423 555499 who can deal with any queries you may have.

If this is not possible or you feel you want to take this matter further, you can write to the Patient Experience Team Manager at the address below:

Harrogate District Hospital
Lancaster Park road
Harrogate
HG2 7SX
Website: www.hdft.nhs.uk

You can contact the Healthy Child Team at any time to discuss concerns affecting your child's health.

Customer Care Contact Centre HCT:

Tel: 01609 780780
E-mail: children&families@northyorks.gcsx.gov.uk

Please Be Road Aware

Darlington, Durham, Harrogate and Middlesbrough has higher rates of road related injuries and deaths in children and young people than the national average.

THINK Road Safety

CLICK CEOP - Internet Safety

CLICK CEOP Internet Safety

Essential advice for children, young people, parents and carers about staying safe online.

www.ceop.police.uk