



# What's On

Mon 25th July - Fri 2nd Sept 2016

Children and Families' Service: Prevention  
**Hambleton South**

	Time	Activity	More Information	Where
WEEK 1 (25th–29th July)	<b>Mon 25th July</b> 9:30-11:00	<b>Messy Monday</b> Drop-in	A play session based on messy physical activities and ideas linked to the Early Years Foundation Stage, to encourage play that can be continued and developed at home. <b>Birth - 5 year olds</b> Free	Thirsk Children's Centre, YO7 1DS
	<b>Tues 26th July</b> 9:15-11:30 Health Visitor from 9:45am	<b>Weigh, Stay &amp; Play</b> Drop-in	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus stay & play in an informal and friendly atmosphere. <b>Birth - 4 year olds</b> Free	Thirsk Children's Centre, YO7 1DS
	<b>Tues 26th July</b> 10:00-12:00	<b>Infant Feeding Support Group</b> Drop-in	A peer support group for breast and bottle feeding mums in a relaxed atmosphere. <b>Birth - 4 year olds</b> Free	Thirsk Children's Centre, YO7 1DS
	<b>Tues 26th July</b> 4:00-6:00	<b>Youthability</b> Drop-in	Youth club for young people with special educational needs and disabilities. To provide inclusive activities in an informal environment. <b>11 - 25 year olds</b> Free	Hambleton South Prevention Hub, Thirsk School, YO7 1RZ
	<b>Wed 27th July</b> 9:30-11:00	<b>Stay &amp; Play Alanbrooke</b> Drop-in	Opportunity to stay & play in an informal and friendly atmosphere. <b>Birth - 4 year olds</b> Free	Alanbrooke School, Station Road, Topcliffe, Thirsk, YO7 3SF
	<b>Wed 27th July</b> 9:30-11:30	<b>Weigh, Stay &amp; Play</b> Drop-in	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus stay & play in an informal and friendly atmosphere. <b>Birth - 4 year olds</b> Free	Easingwold Children's Centre, YO61 3HJ
	<b>Wed 27th July</b> 11:30-12:30	<b>Breastfeeding Support</b> Drop-in	A chance for mums and mums-to-be to meet others and gain support from a Breastfeeding Counsellor. <b>Mothers &amp; Mums-to-be in Hambleton South</b> Free	Easingwold Children's Centre, YO61 3HJ



	Time	Activity	More Information	Where
WEEK 1 (cont.)	<b>Thurs 28th July</b> 9:45-12:30	<b>Baby Sensory</b> Please contact Clare on 07970 122187 to book	Introduce your baby to a magical world of sensory delights. <b>9:45am - Birth to 13 month olds</b> <b>10:45am - 7 to 13 month olds</b> <b>11:45am - Birth to 6 month olds</b> <i>Ring Clare for prices</i>	Thirsk Children's Centre, YO7 1DS
	<b>Thurs 28th July</b> 1:30-3:00	<b>Parents under 25 Group</b> Drop-in	An informal session for parents under 25 years old and their children. Get ideas to support your child's learning and development through fun activities while socialising with other parents and their children. <b>Birth - 4 year olds</b> <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	<b>Thurs 28th July</b> 5:30-9:00	<b>Youth Club</b> Drop-in	An informal youth session that provides young people with the opportunity to socialise in a safe environment whilst taking part in positive and progressive activities. <b>5:30pm - 7:00pm Year 7 &amp; 8</b> <b>7:30pm - 9:00pm Year 9 + (up to 19 yrs)</b> <i>Free</i>	Hambleton South Prevention Hub, Thirsk School, YO7 1RZ
	<b>Fri 29th July</b> 10:00-10:45	<b>Words and Music</b> Drop-in	Themed sessions which explore stories through songs and nursery rhymes. These aim to support the engagement of children with reading, while developing vocabulary and language through song while having fun. <b>Birth - 4 year olds</b> <i>Free</i>	Thirsk Children's Centre, YO7 1DS
WEEK 2 (1st-5th Aug)	<b>Mon 1st Aug</b> 9:30-11:00	<b>Messy Monday</b> Drop-in	(see Mon 25th July)	Thirsk Children's Centre, YO7 1DS
	<b>Tues 2nd Aug</b> 9:15-11:30 Health Visitor from 9:45am	<b>Weigh, Stay &amp; Play</b> Drop-in	(see Tues 26th July)	Thirsk Children's Centre, YO7 1DS
	<b>Tues 2nd Aug</b> 10:00-12:00	<b>Infant Feeding Support Group</b> Drop-in	(see Tues 26th July)	Thirsk Children's Centre, YO7 1DS
	<b>Wed 3rd Aug</b> 9:30- 11:00	<b>Stay &amp; Play Alanbrooke</b> Drop-in	(see Wed 27th July)	Alanbrooke School, Station Road, Topcliffe, Thirsk, YO7 3SF
	<b>Wed 3rd Aug</b> 9:30-11:30	<b>Weigh, Stay &amp; Play</b> Drop-in	(see Wed 27th July)	Easingwold Children's Centre, YO61 3HJ
	<b>Wed 3rd Aug</b> 11:30-12:30	<b>Breastfeeding Support</b> Drop-in	(see Wed 27th July)	Easingwold Children's Centre, YO61 3HJ
	<b>Thurs 4th Aug</b> 9:45-12:30	<b>Baby Sensory</b> Please contact Clare on 07970122187 to book	(see Thurs 28th July)	Thirsk Children's Centre, YO7 1DS
	<b>Thurs 4th Aug</b> 1:30-2:15 or 2:30-3:15	<b>Aquatic Finatic</b> Please book	Join us for an Aquatic Finatic Animal Experience! <b>Birth - 10 year olds</b> <i>£3 per family</i>	Thirsk Children's Centre, YO7 1DS
	<b>Fri 5th Aug</b> 10:00-12:00	<b>Parent Led Play</b> Drop-in	Families are welcome to use the resources available in the centre. <b>Birth - 6 year olds</b>	Thirsk Children's Centre, YO7 1DS



	Time	Activity	More Information	Where
WEEK 3 (8th–13th Aug)	<b>Mon 8th Aug</b> 9:30-11:00	<b>Messy Monday</b> Drop-in	(see Mon 25th July)	Thirsk Children's Centre, YO7 1DS
	<b>Tues 9th Aug</b> 9:15- 11:30 Health Visitor from 9:45am	<b>Weigh, Stay &amp; Play</b> Drop-in	(see Tues 26th July)	Thirsk Children's Centre, YO7 1DS
	<b>Tues 9th Aug</b> 10:00- 12:00	<b>Infant Feeding Support Group</b> Drop-in	(see Tues 26th July)	Thirsk Children's Centre, YO7 1DS
	<b>Tues 9th Aug</b> 4:00-6:00	<b>Youthability</b> Drop-in	(see Tues 26th July)	Hambleton South Prevention Hub, Thirsk School, YO7 1RZ
	<b>Weds 10th Aug</b> 9:30- 11:00	<b>Stay &amp; Play Alanbrooke</b> Drop-in	(see Wed 27th July)	Alanbrooke School, Station Road, Topcliffe, Thirsk, YO7 3SF
	<b>Weds 10th Aug</b> 9:30-11:30	<b>Weigh, Stay &amp; Play</b> Drop-in	(see Wed 27th July)	Easingwold Children's Centre, YO61 3HJ
	<b>Weds 10th Aug</b> 11:30-12:30	<b>Breastfeeding Support</b> Drop-in	(see Wed 27th July)	Easingwold Children's Centre, YO61 3HJ
	<b>Weds 10th Aug</b> 2:30-4:00	<b>Teddy Bears Picnic</b> Drop-in	Come and join us for a teddy bears picnic. Bring your own picnic & don't forget your teddy bear! <b>Birth - 10 year olds</b> <i>Free</i>	Easingwold Children's Centre, YO61 3HJ
	<b>Thurs 11th Aug</b> 09:45-12:30	<b>Baby Sensory</b> Please contact Clare on 07970 122187 to book	(see Thurs 28th July)	Thirsk Children's Centre, YO7 1DS
	<b>Thurs 11th Aug</b> 1:30-3:00	<b>Parents under 25 Group</b> Drop-in	(see Thurs 28th July)	Thirsk Children's Centre, YO7 1DS
	<b>Thurs 11th Aug</b> 11:00-1:00	<b>Teddy Bears Picnic</b> Drop-in	Come and join us for a teddy bears picnic. Bring your own picnic & don't forget your teddy bear! <b>Birth - 10 year olds</b> <i>Free</i>	Linton-on-Ouse Village Hall, YO30 2AX
	<b>Thurs 11th Aug</b> 5:30-9:00	<b>Youth Club</b> Drop-in	(see Thurs 28th July)	Hambleton South Prevention Hub, Thirsk School, YO7 1RZ
	<b>Fri 12th Aug</b> 10:00-10:45	<b>Words and Music</b> Drop-in	(see Fri 29th July)	Thirsk Children's Centre, YO7 1DS
	<b>Fri 12th Aug</b> 2:00-3:30	<b>Mini-Olympics</b> Drop-in	Lots of sporting fun, obstacle courses, ball games and more. <b>Birth - 10 year olds</b> <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	<b>Sat 13th Aug</b> 10:30-12:30	<b>Stay &amp; Play SEND</b> Drop-in	An informal get together and play session for parents with children with special educational needs and disabilities. Based on activities, stories and ideas linked to the Early Years Foundation Stage. <b>Birth – 11 year olds</b> <i>Free</i>	Thirsk Children's Centre, YO7 1DS



	Time	Activity	More Information	Where
WEEK 4 (15th–19th Aug)	<b>Mon 15th Aug</b> 9:30-11:00	<b>Messy Monday</b> Drop-in	(see Mon 25th July)	Thirsk Children's Centre, YO7 1DS
	<b>Mon 15th Aug</b> 1:30-2:00 (babies & non-walkers) <b>or</b> 2:30-3:00 (toddlers)	<b>Jolly Babies</b> Please book	A music and movement session. Introducing children to rhythm and tempo. <b>Birth - 4 year olds</b> <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	<b>Tues 16th Aug</b> 9:15- 11:30 Health Visitor from 9:45am	<b>Weigh, Stay &amp; Play</b> Drop-in	(see Tues 26th July)	Thirsk Children's Centre, YO7 1DS
	<b>Tues 16th Aug</b> 10:00- 12:00	<b>Infant Feeding Support Group</b> Drop-in	(see Tues 26th July)	Thirsk Children's Centre, YO7 1DS
	<b>Weds 17th Aug</b> 9:30- 11:00	<b>Stay &amp; Play Alanbrooke</b> Drop-in	(see Wed 27th July)	Alanbrooke School, Station Road, Topcliffe, Thirsk, YO7 3SF
	<b>Weds 17th Aug</b> 9:30 -11:30	<b>Weigh, Stay &amp; Play</b> Drop-in	(see Wed 27th July)	Easingwold Children's Centre, YO61 3HJ
	<b>Weds 17th Aug</b> 11:30 -12:30	<b>Breastfeeding Support</b> Drop-in	(see Wed 27th July)	Easingwold Children's Centre, YO61 3HJ
	<b>Fri 19th Aug</b> 10:00-12:00	<b>Parent Led Play</b> Drop-in	(see Fri 5th Aug)	Thirsk Children's Centre, YO7 1DS
WEEK 5 (22nd-27th Aug)	<b>Mon 22nd Aug</b> 9:30-11:00	<b>Messy Monday</b> Drop-in	(see Mon 25th July)	Thirsk Children's Centre, YO7 1DS
	<b>Mon 22nd Aug</b> 2:30-4:00	<b>Pirates &amp; Princesses Picnic</b> Drop-in	A pirates & princesses themed picnic. Please bring your own picnic. <b>Birth - 4 year olds</b> <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	<b>Tues 23rd Aug</b> 9:15- 11:30 Health Visitor from 9:45am	<b>Weigh, Stay &amp; Play</b> Drop-in	(see Tues 26th July)	Thirsk Children's Centre, YO7 1DS
	<b>Tues 23rd Aug</b> 10:00- 12:00	<b>Infant Feeding Support Group</b> Drop-in	(see Tues 26th July)	Thirsk Children's Centre, YO7 1DS
	<b>Tues 23rd Aug</b> 4:00-6:00	<b>Youthability</b> Drop-in	(see Tues 26th July)	Hambleton South Prevention Hub, Thirsk School, YO7 1RZ
	<b>Weds 24th Aug</b> 9:30- 11:00	<b>Stay &amp; Play Alanbrooke</b> Drop-in	(see Wed 27th July)	Alanbrooke School, Station Road, Topcliffe, Thirsk, YO7 3SF
	<b>Weds 24th Aug</b> 9:30-11:30	<b>Weigh, Stay &amp; Play</b> Drop-in	(see Wed 27th July)	Easingwold Children's Centre, YO61 3HJ
	<b>Weds 24th Aug</b> 11:30-12:30	<b>Breastfeeding Support</b> Drop-in	(see Wed 27th July)	Easingwold Children's Centre, YO61 3HJ



	Time	Activity	More Information	Where
<b>WEEK 5 (cont.)</b>	<b>Weds 24th Aug</b> 2:30-4:00	<b>Mini-Olympics</b> Drop-in	Lots of sporting fun, obstacle courses, ball games and more. <b>Birth - 10 year olds</b> <i>Free</i>	Easingwold Children's Centre, YO61 3HJ
	<b>Thurs 25th Aug</b> 1:30-3:00	<b>Parents under 25 Group</b> Drop-in	(see Thurs 28th July)	Thirsk Children's Centre, YO7 1DS
	<b>Thurs 25th Aug</b> 5:30-9:00	<b>Youth Club</b> Drop-in	(see Thurs 28th July)	Hambleton South Prevention Hub, Thirsk School, YO7 1RZ
	<b>Fri 26th Aug</b> 10:00-10:45	<b>Words and Music</b> Drop-in	(see Fri 29th July)	Thirsk Children's Centre, YO7 1DS
	<b>Sat 27th Aug</b> 10:30-12:30	<b>Stay &amp; Play SEND</b> Drop-in	(see Sat 13th Aug)	Thirsk Children's Centre, YO7 1DS
<b>WEEK 6 (30th Aug—2nd Sept)</b>	<b>Tues 30th Aug</b> 9:15- 11:30 Health Visitor from 9:45am	<b>Weigh, Stay &amp; Play</b> Drop-in	(see Tues 26th July)	Thirsk Children's Centre, YO7 1DS
	<b>Tues 30th Aug</b> 10:00- 12:00	<b>Infant Feeding Support Group</b> Drop-in	(see Tues 26th July)	Thirsk Children's Centre, YO7 1DS
	<b>Weds 31st Aug</b> 9:30- 11:00	<b>Stay &amp; Play Alanbrooke</b> Drop-in	(see Wed 27th July)	Alanbrooke School, Station Road, Topcliffe, Thirsk, YO7 3SF
	<b>Weds 31st Aug</b> 9:30-11:30	<b>Weigh, Stay &amp; Play</b> Drop-in	(see Wed 27th July)	Easingwold Children's Centre, YO61 3HJ
	<b>Weds 31st Aug</b> 11:30-12:30	<b>Breastfeeding Support</b> Drop-in	(see Wed 27th July)	Easingwold Children's Centre, YO61 3HJ
	<b>Thurs 1st Sept</b> 9:30-4:30	<b>Carlton Lodge Activity Day</b> Please book	A day of problem solving, raft building, Bushcraft and Challenge courses. <b>7 - 11 year olds</b> <i>£10 per person</i>	Carlton Lodge Activity Centre, Carlton Miniott, Thirsk, YO7 4NJ
	<b>Fri 2nd Sept</b> 10:00-12:00	<b>Parent Led Play</b> Drop-in	(see Fri 5th Aug)	Thirsk Children's Centre, YO7 1DS
	<b>Fri 2nd Sept</b> 9:30-4:30	<b>Carlton Lodge Activity Day</b> Please book	A day of problem solving, raft building, Bushcraft and Challenge courses. <b>11 -19 year olds</b> <i>£10 per person</i>	Carlton Lodge Activity Centre, Carlton Miniott, Thirsk, YO7 4NJ

### Activities at RAF Linton on Ouse

**Mini Mayhem - Wednesdays 10:00-11:00**

**Practical Parent & Children Activity Days (for parents, grandparents & children aged 3 and above) -**

Join in the fun with your family and have a go at helping your child with a variety of practical activities and games.

Cold drinks/snacks provided - **Monday 25th July & Tuesday 26th July 10:00-4:30 (with a break for lunch)**

Please call or text Diane Quinney on 07824 545919 or email [dquinney@wea.org.uk](mailto:dquinney@wea.org.uk) to book



## **Prevention Service**

**We have launched a new children and families prevention service that brings together a range of preventative work previously undertaken by separate services.**

There is now a single service which:

- Operates seamlessly throughout the 0-19 age range;
- Eliminates duplication, unnecessary and unhelpful transitions for families;
- Has a new way to provide services, including a greater capacity to provide early help in a more targeted way children, young people and families; and is co-located with the new healthy child teams (5-19)

**Our vision is that "families in North Yorkshire are able to access readily a range of support to ensure that their children are safe, happy and well, and that they can flourish at school and in the wider world".**

## **Other Information**

<b>2 Year Old Funding</b>	<p>If you have a 2 year old child and you are in receipt of one of the following benefits, you may be eligible for 15 hours free funded childcare for your child:</p> <ul style="list-style-type: none"><li>· Income Support</li><li>· Jobseeker's Allowance (income based)</li><li>· Income-related Employment and Support Allowance</li><li>· Child Tax Credit with income less than £16,190</li><li>· Working Tax Credit with an annual income less than £16,190</li><li>· Support under the immigration and asylum act 1999</li><li>· Guarantee element of State Pension Credit</li></ul> <p>For information contact Thirsk CC or the Families Information Service on: 01609 533483</p>
<b>Family Outreach Workers</b>	<p>Family Outreach Workers are there to support parents, children and young people to enhance and improve their lives. They work in partnership with other agencies to ensure that families receive the right support at the right time. Family Outreach Workers will deliver targeted, evidence based parenting courses, also run focussed sessions to encourage parents to engage with their children. Referrals may be made by professionals or by individuals themselves.</p>

## **Contact Us**

### **Thirsk Children's Centre**

Hambleton Place, Thirsk YO7 1DS

Tel: 01609 533068 or Email: [thirskcc@northyorks.gov.uk](mailto:thirskcc@northyorks.gov.uk)

### **Hambleton South Prevention Hub**

Thirsk School & Sixth Form College, Topcliffe Road, Thirsk YO7 1RZ

Tel: 01609 536206 or Email: [pshubhambletonsouth@northyorks.gov.uk](mailto:pshubhambletonsouth@northyorks.gov.uk)

### **Find us on Facebook**

[www.facebook.com](https://www.facebook.com)

Hambleton South Area Children & Families' Service: Prevention



## **Healthy Start Vitamins**

You can buy or use your vouchers to get Healthy Start (children's and women's) vitamins from your children's centre - Pop into reception to collect yours today!



**North Yorkshire County Council, County Hall, Northallerton, North Yorkshire, DL7 8AD**

Our Customer Service Centre is open Monday to Friday 8.00am – 5.30pm

(closed weekends and bank holidays) Tel: **01609 780 780**

Email: [customer.services@northyorks.gov.uk](mailto:customer.services@northyorks.gov.uk) Web: [www.northyorks.gov.uk](http://www.northyorks.gov.uk)

If you would like this information in another language or format please ask us.

Tel: **01609 780 780** Email: [customer.services@northyorks.gov.uk](mailto:customer.services@northyorks.gov.uk)